The Five Capitals Worksheet

If you are a couple we recommend completing this worksheet separately. Download a second copy to print out by scanning the QR Code, or visiting **TrusteeServicesGroup.com/5-capitals-worksheets**

NAME _____

How do these five "capitals" rank in importance to you? Please rank from 1 to 5, where 1 is most important and 5 is least important.

Financial Capital

Assets.
Material possessions.

RANK

Social Capital

Personal relationships.
Community.
Care for others.

RANK

Personal Capital

Character.
Moral/Ethical Qualities.

RANK

Spiritual Capital

Religion.
Faith in God.

RANK

Intellectual Capital

Knowledge.
Wisdom.
Education.

RANK

In varying degrees, we have each developed the Five Capitals throughout our lifetime.